

Full Report (All Nutrients) 45134967, Lasagna w/Meat Sauce, UNPREPARED, GTIN: 00094643416748

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Report Date: July 08, 2017 12:39 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Conagra Brands

Nutrient	Unit	Data points	Std. Error	1 Cup (227g) 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	241	106
Protein	g	--	--	15.00	6.61
Total lipid (fat)	g	--	--	3.50	1.54
Carbohydrate, by difference	g	--	--	35.00	15.42
Fiber, total dietary	g	--	--	4.1	1.8
Sugars, total	g	--	--	7.99	3.52
Minerals					
Calcium, Ca	mg	--	--	150	66
Iron, Fe	mg	--	--	1.79	0.79
Potassium, K	mg	--	--	561	247
Sodium, Na	mg	--	--	499	220
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	4.8	2.1
Vitamin A, IU	IU	--	--	300	132
Lipids					
Fatty acids, total saturated	g	--	--	1.998	0.880
Fatty acids, total monounsaturated	g	--	--	0.999	0.440
Fatty acids, total polyunsaturated	g	--	--	0.499	0.220
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	16	7
Amino Acids					
Other					
Ingredients					

Lasagna Meat Sauce (Water, Tomatoes [Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid], Tomatoes, Cooked Beef [Beef, Water, Textured Vegetable Protein {Soy Protein Concentrate, Caramel Color}, Soy Protein Concentrate, Seasoning {Salt, Spice, Natural Flavors, Caramel Color}, Sodium Phosphate], Tomato Juice Concentrate, Modified Corn Starch, Onions, Sugar, Wine, Garlic Puree [Garlic, Soybean Oil], Whole Basil, Whole Oregano, Salt, Dehydrated Onion, Ground Black Pepper), Cooked Lasagna Pasta (Water, Enriched Pasta [Durum Wheat Semolina, Niacin, Iron {Ferrous Sulfate}, Thiamine Mononitrate, Riboflavin, Folic Acid], Egg Whites), Cottage & Ricotta Cheese Blend (Cottage Cheese [Cultured Skim Milk and Enzymes], Water, Whole Milk, Nonfat Dry Milk, Ricotta Cheese [Whey, Cream, Vinegar, and Carrageenan], Parmesan Cheese [Part-Skim Milk, Cheese Culture, Salt, Enzymes], Bread Crumbs [Wheat Flour, Contains 2% Or Less Of Each Of The Following: Sugar, Yeast, Soybean Oil, Salt], Romano Cheese from Cow's Milk [Part Skim Milk, Cultures, Salt, Enzymes], Egg Whites, Autolyzed Yeast and Dried Yeast, Sugar, Spice, Garlic, Black Pepper, Citric Acid), Low Fat Mozzarella Cheese ([Cultured Milk, Salt, Enzymes], Nonfat Milk, Modified Corn Starch*, Sodium Citrate*, Flavors*). *Ingredients not found in Mozzarella Cheese. CONTAINS: EGG MILK, SOY, WHEAT. *Date Available:* 03/09/2017 *Date Last Updated by Company:* 03/09/2017